

## Adult February Programs

### Heart Health and Sleep

**Wednesday, February 5<sup>th</sup> at 6:30 pm**

Along with air, water, and food, SLEEP is an essential part of life, yet many of us don't get as much sleep as we need. Dr. Patti Swaintek-Lamb is an airway-centric dentist at Aesthetic Dentistry of Bernardsville. She is passionate about treating adults and children with sleep breathing disorders. During this presentation, you will learn about what poor sleep does to your health and 10 easy ways you can improve your sleep so you can make the most of your overnight hours.

### Valentine Adult Coloring

**Wednesday, February 12<sup>th</sup> at 6:00 pm**

Treat yourself to some free time to color, listen to music and enjoy a fun Valentine themed beverage. The library will provide the coloring pages, pens, pencils and dessert. Feel free to stop in anytime between 6 and 8 pm. Program is limited to adults 21+. Registration required. Please call the library to register today!

### Attention All Adult Readers

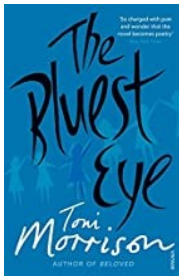
For the month of February, check out 3 or more items at one time and be entered into a raffle to receive a \$25 Gift Certificate to Dante's Restaurant. Come in and start to check out items today for your chance to win!

### Monthly Adult Book Club

Friday, February 28<sup>th</sup> @ 10 am

***The Bluest Eye***

by Toni Morrison



## Weekly Adult Programs

### Social Bridge

Wednesdays @ 10 a.m.

### Device Advice

Wednesdays @ 1 - 3 p.m.

### Canasta Group

Thursdays @ 10 a.m.

### Knitting Advice

Fridays @ 10 a.m.

## Museum Pass Program

Free access to these awesome museums with your Mendham Borough Library Card.

### **The Frick Collection**

Survey the beautiful art and furniture collection of late industrialist Henry Clay Frick.  
4 passes available.

### **Imagine That!**

Explore the Imagine That! Museum in Florham Park.

Borrow our pass that admits up to 4 people.

### **Intrepid Sea, Air, & Space Museum**

Explore the world of real life military and navel heroes with the Intrepid Library Pass.  
Borrow our pass that admits up to 6 people.

### **Grounds for Sculpture**

**\*ENDING March 31, 2020\***

Explore the beautiful gardens and sculptures of Grounds for Sculpture in Hamilton NJ. Borrow our pass that admits up to 4 people.

10 Hilltop Road  
Mendham NJ, 07945  
Phone: 973-543-4152  
circ-mnb@mainlib.org  
www.mendhamboroughlibrary.org

## MENDHAM BOROUGH LIBRARY

# February Programs

hello february



# February 2020 Library Programs



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						 Kids Only Yoga 10:15-10:45 a.m.
2	3	4	5	6	7	8
	Sing-A-Long 10:30 a.m.	Adult Yoga 8:15- 9:15 a.m. Girls Who Code 4-5:30 p.m.	Social Bridge 10a.m. Device Advice 1-3 p.m. Heart Health and Sleep 6:30 p.m.	Adult Yoga 8:15- 9:15 a.m. Canasta 10 a.m.	Knitting Advice 10-12 p.m. Baby Playtime 10:30 a.m.	Kids Only Yoga 10:15-10:45 a.m.
9	10	11	12	13	14	15
	Sing-A-Long 10:30 a.m. Read to a Dog 3:30 p.m. 	Adult Yoga 8:15- 9:15 a.m. Girls Who Code 4-5:30 p.m.	Social Bridge 10a.m. Device Advice 1-3 p.m. Girls Who Code 3:30-5 p.m. Adult Coloring 6-8 p.m.	Adult Yoga 8:15- 9:15 a.m. Canasta 10 a.m. Valentine Food Craft 3:30 p.m.	Knitting Advice 10-12 p.m. Baby Playtime 10:30 a.m. 	Kids Only Yoga 10:15-10:45 a.m.
16	17	18	19	20	21	22
	PRESIDENT'S DAY LIBRARY CLOSED	Adult Yoga 8:15- 9:15 a.m. Girls Who Code 4-5:30 p.m.	Social Bridge 10a.m. Device Advice 1-3 p.m. Girls Who Code 3:30-5 p.m.	Adult Yoga 8:15- 9:15 a.m. Canasta 10 a.m. Cartooning Workshop 6-7:30 p.m.	Knitting Advice 10-12 p.m. Baby Playtime 10:30 a.m.	Kids Only Yoga 10:15-10:45 a.m.
23/30	24	25	26	27	28	29
	Sing-A-Long 10:30 a.m. Oreo Tasting 3:30 p.m. 	Adult Yoga 8:15- 9:15 a.m. Girls Who Code 4-5:30 p.m.	Social Bridge 10a.m. Device Advice 1-3 p.m. Girls Who Code 3:30-5 p.m.	Adult Yoga 8:15- 9:15 a.m. Canasta 10 a.m. Teen Book Club 6:00 p.m.	Knitting Advice 10-12 p.m. Baby Playtime 10:30 a.m. Morning Book Group 10 a.m. Late Night @ the Library 7-9 p.m.	Kids Only Yoga 10:15-10:45 a.m.

## Youth February Programs

### Weekly Events

**Toddler Sing-Along**—Mondays @ 10:30 am

**Baby Playtime**—Fridays @ 10:30 am

**Kids -Only Yoga (Ages 5+)** — Saturdays @ 10:15-10:45 am. Registration is required. Each child must bring their own yoga mat. Limited 12 spots.

### Special Programs

**Girls Who Code—6th—12th Grade**

Tuesdays from 4:00—5:30 pm

**Girls Who Code—3rd—5th Grade**

Wednesdays from 3:30—5:00 pm \*Will not meet 2/5\*

This program continues for the month of February and is limited to 8 spots per session. Please email the Youth Librarian Tina McMurray directly at [tina.mcmurray@mendhamboroughlibrary.org](mailto:tina.mcmurray@mendhamboroughlibrary.org)

### Read to a Dog

Monday, February 10th @ 3:30 pm

Sign up to read to a dog in this special literacy event. Therapy dogs are trained to help promote early literacy. Open to all ages. Registration is required.

### Valentine Food Craft

Thursday, February 13th @ 3:30 pm

Join us as we have some Valentine's Day fun with Ms. Stacie, our Shoprite Registered Dietician! Ages 5+. Registration required.

### Cartoon Drawing Workshop

Thursday, February 20th 6:00 - 7:30 pm

Ages 8-14—Limited to 20 participants

Work along with comic book writer/artist Doug Baron as he demonstrates drawing some of your favorite cartoon characters. Registration is required.

This program is sponsored by the Catharine Hoffmann/Jane Moore Fund.

### Oreo Tasting

Monday, February 24th @ 3:30 pm

All Ages. Registration required.

### Teen Book Club

Thursday, February 27th @ 6:00 pm

The Darkest Part Of the Forest by Holly Black

Join Sophia for pizza and a discussion of some of the best YA/ Teen books. Copies of the current book are available at the library.

### Late Night @ the Library: Drawing

Friday, February 28th @ 7-9 pm

3<sup>rd</sup> grade and up. Limit 15 participants.

Join us as we explore the world of drawing with a professional artist, and how pictures can enhance a story. Registration required.